



Sidewalker Worksheet

Name of Volunteer: _____

Date: _____

True or False:

- | | | |
|--|---|---|
| 1. If you cannot come on your scheduled day – you should call and let NTRC know | T | F |
| 2. You should always be looking up at your rider. | T | F |
| 3. You may pet the horse on their nose to reward them. | T | F |
| 4. Lessons are a good time to discuss your weekend plans with the other sidewalker. | T | F |
| 5. If the rider does not respond instantly, you should just do it for them. | T | F |
| 6. You should allow enough time for the rider to process and only help when needed. | T | F |
| 7. If you have a strong support hold, you could be putting the rider off balance. | T | F |
| 8. It is OK for the rider to run up the ramp and to the gate. | T | F |
| 9. NTRC needs all their volunteers to run this program. | T | F |
| 10. You should make yourself aware of location of fire extinguishers, AED, 1 st aid kits. | T | F |

Please write down any questions or concerns you would like to address at the training.