# **Faculty**

Carol Huegel, PT, HPCS – Carol is a PT graduate from the University of Florida. She has an NDT and vestibular rehab background and has incorporated hippotherapy in treatment with patients of all ages from toddlers to 80's, with varied diagnoses. Carol attended her first PATH, Intl Workshop in 1982. She co-founded two not for profit organizations, most recently GREAAT! -Gainesville Riding through Equine Assisted Activities and Therapy. Carol has served as a clinical instructor for physical therapy and assisted students from a variety of programs around the country. She is a PATH, Intl Registered Therapist and Riding Instructor and a Hippotherapy Clinical Specialist. She is a past AHA Board Member and is the current Chair of the American Hippotherapy Certification Board.





Naples Therapeutic Riding Center 206 Ridge Drive Naples. FL 34108

> Phone: 239-596-2988 Fax: 239-514-2908 Email: hwild@ntrc.org

## **Continuing Education**

A certificate of attendance will be provided. Contact hours total 27. Courses are not preapproved unless indicated otherwise.

## **Driving Directions**

From I75: Take exit 111. Head west on Immokalee Rd. Turn left on Livingston Rd. Turn right onto Vanderbilt Beach Rd. Turn left on Goodlette-Frank Rd. Turn right on Center St. Arrive at NTRC.

## **About NTRC**

Naples Therapeutic Riding Center (NTRC) is a non-profit 501(c)3 organization offering therapeutic riding for Collier County, Florida adults and children with disabilities. NTRC is a PATH International Premier Center. A Premier Centers must meet stringent safety standards and have achieved excellence in providing quality equine-assisted activities. Our approval as a Premier Center ensures that NTRC has been carefully scrutinized and has met the accreditation requirements in the areas of administration, facility, and programs.

NTRC's mission is to improve the lives of children and adults with special needs through therapeutic riding and other equinerelated programs.

The curriculum may be utilized only under conditions set forth by AHA, Inc.



# Naples Therapeutic Riding Center

**Presents** 

AHA Inc. Approved
Level I
Treatment Principles

January 18-21, 2018



Naples Therapeutic Riding Center 206 Ridge Drive Naples. FL 34108

> Phone: 239-596-2988 Fax: 239-514-2908 E-mail: hwild@ntrc.org

### **Level I Treatment Principles**

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, and SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

#### **Registration Information**

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes breakfast and lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 190 pounds, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

Cancellation Policies: AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$115 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

Course prerequisite: Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

Registration Form
Name:
Address:
City/ State/ Zip:
City/ State/ Zip.
Phone:
Email:
*AHA, Inc. Member #/exp.:
New memberships are accepted. Join today at www.americanhippotherapyassociation.org.
Credentials as listed on course certificate:
Non-therapists: <i>Please Circle one</i> : Riding Instructor / Horse handler /Administrator/ Other
Height
Weight
Special needs-mobility restrictions/diet/etc.
Registration is limited.
Early registration on or before December 18, 2017
\$750 for AHA, Inc. Member / \$875 for Non-AHA, Inc. Member
After December 18, 2017
$\overline{AHA,\ Inc.\ Member}$ / \$925 for Non-AHA, Inc. Member
Check - payable to Naples Therapeutic Riding Center
Charge MC VISA AM EX
Name on Card
Card Number
Exp. Date Security Code
Billing zip code